

In Search of Self: Family Research and Storytelling as a Portal into Your City and Your Soul

Our families shape us. By researching our family history, we not only uncover fascinating stories—we discover deeper truths about ourselves. This presentation invites you to explore your identity through the lens of genealogy and storytelling. Whether you're just beginning your journey or have already started asking questions, you'll leave inspired to dig deeper, ask more, and tell the stories that connect you to your past, present, and future.

We'll discuss:

- How to get started when you're curious but unsure
- Tips for interviewing elders and exploring archives
- The power of storytelling to strengthen identity and purpose

Come ready to be inspired—and perhaps begin your own story.

From Dusty Old Files to Published Book: Writing Your Family History Memoir

Are those old photos, letters, and documents in the attic calling to you? Do you wonder if the stories of your ancestors could become the chapters of a book?

Join Karen Treiger, author of two powerful family memoirs, as she shares the journey from curiosity to publication. One memoir recounts the Holocaust survival story of her in-laws, Sam and Esther Goldberg. The other brings to life her own Jewish ancestors who settled in the Pacific Northwest between 1874 and 1914.

In this session, you'll:

- Explore the motivations behind writing a family memoir
- Learn research strategies to uncover your family's past
- Gain insight into organizing and shaping your material into a compelling narrative

Perfect for anyone eager to transform family history into a lasting legacy.

Searching for Self in the Seattle Stories of My Jewish Ancestors

After the loss of her father, Karen Treiger began a journey through old photographs, records, and family lore, uncovering the untold stories of five Jewish immigrant families. These ancestors helped shape the cultural and economic fabric of Seattle and Portland—from the days of muddy roads to the rise of the Space Needle.

Karen's newest book is both deeply personal and historically rich. She masterfully narrates the journeys of families who emigrated from Central and Eastern Europe between 1874 and 1913, tracing their resilience, tragedies, and triumphs.

Join her for a discussion of:

- Jewish immigration patterns in the Pacific Northwest
- The experience of turning genealogy into living history
- How understanding our ancestors helps us better understand ourselves

Come travel through time and rediscover the city—and yourself—through the lens of the past.
